



MULTISPICE was born in 2005 and has a significant presence in Pune, managing vegetarian restaurant's and lodging. So far our locations are in Karve nagar, Loni Kalbhor, Junnar and looking for further expansions. The journey of the company started way in Mumbai (the city of dreams) managing Nehru Science Centre and establishing an successful catering business. The journey from Mumbai to Pune has truly been rewarding through customers satisfaction. We are happy to inform you that our catering division in Pune has been great success story and our clients range from big corporate houses, small business firms to affluent individuals spread through out pan India. Since the directors of the company are hotel management graduates, their approach towards their business is very professional and they remain sincere.



# Multi Spice In House Bakery Products

(Eggless) Cake and Pastries

(We Also Provide Cake For Birthday Parties Or Any Other Occasions)

Flavour
Black Forest
Mango
Pineapple
Butterscotch
Chocolate
White Forest
Red Velvet



Pastry	Half Kg.	1 Kg.
80	325	599
80	325	599
80	325	599
80	325	599
80	325	599
80	325	599
80	325	599

Cookies
Butter Cookies
Cashew Nut Cookies
Chocolate Cookies
Ginger Cookies

1 Piece	Half Kg.	1 Kg.
15	170	300
15	<i>170</i>	<i>300</i>
<i>15</i>	<i>170</i>	<i>300</i>
<i>15</i>	<i>170</i>	<i>300</i>



#### 7:00 AM -10:30 AM

# **Unlimited Breakfast Menu**





Monday: 275/-

Masala Sprouts, Sabudana Kichdi, Upwas Kachori, Idli, Sambhar, Chutney, Mini Batata Wada, Stuffed Parathas With Curd, Pasta, Fruit, Toast Butter, Bread Butter, Tea, Filter Coffee, Butter Cookies.





**Tuesday** : 275/-

Masala Sprouts, Rasam Wada, Idli, Sambhar, Chutney, Vegetable Upma, Puri Bhaji, Veg Grilld Sandwich, Veg Hakka Noodles, Fruit, Toast Butter, Bread Butter, Tea, Filter







Wednesday: 275/-

Masala Sprouts, Mysore Dosa, Sambhar, Chutney, Idli Pattice, Barbeque Misal Pav, Dahi Wada, Mutter Pohe, Chhole With Puri, Fruit, Toast Butter, Bread Butter, Tea,

Filter Coffee, Butter Cookies





Thursday: 275/-

Masala Sprouts, Sabudana Wada With Sweet Lassi, Idli Pattice, Thalipeeth, Tomato Omlette, With Green Chutney, Vegetable Korma With Puri, Veg Hakka Noodles, Fruit, Toast Butter, Bread Butter, Tea, Filter Coffee, Butter Cookies





Friday: 299/-

Masala Sprouts, Uttapam, Medu Wada, Sambhar, Chutney, Barbeque Misal Pav, Vegetable Upma, Mixed Paratha with Curd, Palak Cheese Chilly Toast, Pineapple Halwa, Toast Butter, Bread Butter, Tea, Filter Coffee, Butter Cookies





Saturday: 299/-

Masala Sprouts, Rasam Wada, Live Dosa, Sambhar, Chutney, Barbeque Misal Pay, Kutch Ki Dabeli, Methi Gota, Tacos, Vegetable Hakka Noodles, Pastry, Toast Butter, Bread Butter, Tea, Filter Coffee, Butter Cookies.





**Sunday: 299/-**

Masala Sprouts, Live Assorted Dosa (Moong, Nachani), Batata Wada, Idli, Sambhar, Chutney, Vegetable Kheema Pav, Pasta, Fortune Hakka Noodles, Cheese Chilly Toast, Pineapple Halwa, Toast Butter, Bread Butter, Tea, Filter Coffee, Butter Cookies.

+91 7722048837 | +91 7722048835 | +91 7722048834 020 - 29701116 | 020-25458086

46/2, Karve Nagar, Off Mhatre Bridge, Opp. Siddhi Gardens, Pune - 411 052 Info.karvenagar@multispice.co.in | www.multispice.co.in

# Hot Beverages

Tea	45
Special Tea	<i>55</i>
Freshly Brewed Coffee With Choice Of Flavours (Irish/Hazelnut/Cinnamon)	125
Espresso	80
Mocktails	
Avocado Mojito	175
(Fresh Avocado + Fresh Mint + Green Apple Syrup + Kiwi + 7 Up + Soda)	
Brownie Monk	165
Fruit Punch	165
(Pineapple Juice + Apple Juice + Orange Juice + Ice Cream)	
Beauty Scotch	165
(Butterscotch + Pineapple Juice + Coconut Milk +	
Butter Scotch Syrup)	
Virgin Mojito	165
(Soda + 7 up + Mint Leaves + Lemon Wedges)	
Strawberry Delight	165
(Strawberry Juice + Ice Cream + Cream)	
The Melon Kiss	165
(Water Melon Juice + Cranberry Juice + Grenadine Juice + Lime Ju	ice)
Blue Lagoon	165
(Blue Curacao Syrup + Lime Juice + Sugar Syrup + Soda + 7 Up)	
Thandai	165
(Milk + Ice Cream + Thandai)	
Mango Mint	165
(Mango Ice Cream + Mint + Milk)	
Virgin Pina Colada	165
(Pineapple Juice + Coco Nut Cream + Vanilla Ice Cream)	
Chocolate Monk	165
(Chocolate Ice Cream + Milk + Coconut Milk)	

#### Juices

Mosambi
Pineapple
Orange
Cocktail
Water Melon



#### Thick Shakes

Chickoo Shake145Mango Shake145Chocolate Shake145Vanilla Shake145Special Dry Fruit190

#### Coolers

Cold Coffee 125 Cold Coffee With Ice Cream 190 Chass *70* Lassi Sweet/Salted 110 Fresh Lime Water *50* Fresh Lime Soda 65 Aerated Drinks 40 Packaged Drinking Water *30* 

#### Mastani and Faluda

Multispice Special Mastani Strawberry Mastani Mango Mastani Multispice Special Faluda



*165* 

155

155

175

# Sandwiches

Guacamole Cheese Grilled Sandwich	210
(Guacamole + Onion + Tomato + Cheese)	1
Veg Delight Sandwich	155
(Capsicum + Onion + Tomato + Cheese + Veggie)	
Veg Corn Grilled Sandwich	165
(Peppers + Corn + Mayonnaise)	
Mexican Grilled Sandwich	175
(Capsicum + Kidney Beans + Onion + Paneer)	
Paneer Bhurji Sandwich	175
Club Sandwich	185
Veg Cheese Grill Sandwich	165
Veg Cheese Sandwich	140
Brown Bread Sandwiches	
Veg Grilled Cheese Sandwich	180
Toasted Veg Cheese Sandwich	135
Club Sandwich	200
Pizza	
Guacamole With Pesto Sauce Pizza	210
(Guacamole + Onion + Tomato)	
Supreme Margherita Pizza	190
(Cheese +Tomato Slice + Basil + Oregano)	
Panner Tandoor Se Pizza	190
(Barbequed Paneer + Chaat Masala + Cheese)	200
Mozzarella Cheese Pizza	200
Deluxe Veggie Pizza	200
(Onion + Capsicum + Mushroom)	200
Gourmet Pizza	200
(Babycorn + Mushroom + Peppers + Black Olives + Cheese)	200
China Town Pizza	200
(Babycorn + Capsicum + Onion + Spring Onion + Hot Schezwan	
Jain Pizza	225
	No.

### South Indian

(07.00 A.M. To 11 A.M. and 03.00 P.M. To 07.00 P.M.)

Steam Idli	90
Medu Wada	125
Batata Wada	80
Dahi Wada	120
Sada Dosa	100
Masala Dosa	120
Cut Dosa	120
Noodle Dosa	145
Paneer Dosa	150
Paper Sada / Masala Dosa	150
Mysore Sada / Masala Dosa	150
Jowri Sada / Masala Dosa	150
Nachni Sada / Masala Dosa	150
Rawa Sada Dosa	110
Rawa Masala Dosa	130
Rawa Masala Cheese Dosa	150
Plain Uttappa	110
Onion Uttappa	120
Pizza Uttappa	160
Butter	30
Extra Sambhar Or Chutney	20

## International Soup

(11.00 A.M. To 11.30 P.M.)	
Pumpkin Soup	150
Mexican Chilli Bean Soup	<i>150</i>
Minestrone Soup	<i>150</i>
Cream Of Tomato	<i>150</i>
Cream Of Spinach	150

### Chinese Cuisine

(We Do Not Use MSG) (11.00 am. To 11.30. pm)

Veg Avocado Soup	165
Khow Suey Soup	165
(Traditional Burmese Soup Served With Assorted Vegetables	and Noodles)
Ramen Soup (Japanese Food)	165
(Traditional Japanese Soup Served With Exotic Vegetables and	nd Noodles)
Pahadi Hariyali Soup	165
Almond Broccoli Soup	160
Veg Six Treasure Soup	160
Cheese Corn Tomato	160
Lemon Pepper Spicy Mushroom Soup	160
Sweet Corn Soup	140
Noodle Soup	150
Veg Manchow Soup	160
Hot and Sour Soup	150
Vegetable Clear Soup	130
Lemon Coriander Soup	150

#### Continental Starters

Paneer Cheese Kurkure	<i>280</i>
Guacamole Corn Cheese Chilly Toast	260
Mexican Tacos (5 Pieces)	260
Bruschetta	240
Corn Cheese Chilli Toast	250
Palak Cheese Chilli Toast	<b>250</b>
Garlic Bread	180
Garlic Cheese Bread	<b>210</b>
Palak Cheese Roll	250
Mushroom Cheese Roll	250
Cheese Corn Balls	255
Mexican Tikki	230
Hara Bhara Kebab	230
Nachos Chips With Salsa and Cheese	200
Nachos Chips With Salsa, Cheese and Beans	230
French Fries	165
Cheese Cherry Pineapple	240
Chinese Starters	
Paneer 65	270
Paneer Chilli	270
Paneer In Hot Garlic Dry	270
Shanghai Spring Roll	245
Dragon Roll	245
Oriental Spring Roll	245
Veg 65	245
Veg Manchurian	250
Crispy Vegetable	235
Crunchy Lotus (Sweet and Spicy)	255
Crazy Thai Veg	250

### **Momos and Sushi**

Shanghai Momos (Non Spicy 8 Pieces)	260
Basil Vegetable Momos (8 Pieces)	260
Sushi	260
(Japanese Food Sea Weeds Sheet Wrapped With	
Japanese Sticky Rice and Stuffed With Vegetables)	
Avocado Sushi	310

## Indian Cuisine

(11.00 A.M.To 3.30 P.M. and 7.00 P.M.To11.30 P.M.)

## Special Barbeque Starters

Paneer Nizami Kebab	<i>350</i>
Paneer Makhamali Kebab	<i>350</i>
Paneer Spring Kebab	375
Paneer Kasturi Kebab	300
Paneer Gilafi Kebab	395
Paneer Nawabi Kebab	300
Paneer Banjara Kebab	280
Paneer Maratha Kebab	285
Paneer Tikka Afghani Kebab	285
Barbeque Veg Platter (15 Pieces)	500
Multispice Golden Platter (8 + 8 Pieces)	525
Paneer Barbeque Platter (16 Pieces)	600
Tandoori Potato Chutney	235
Peri Peri Kebab (Mushroom / Baby Corn)	295
Mushroom Angara Kebab	255
Aloo / Mushroom / Babycorn Nazakat Kebab	275

### **Continental Cuisine**

Baked Vegetable	270
(Farm Fresh Vegetables Baked In Rich, Creamy Sauce)	
Topped With Parsley and Grated Cheese)	
Baked Macroni White Sauce	270
Baked Macroni With Pineapple	
In White Cheesy Sauce	280
Baked Lasagne Served With Three Sauces	390

#### **Make Your Own Pasta**

380

(Pasta Served With Choice Of Pasta, Choice Of Sauces, Choice Of Toppings and Garlic Bread)

#### Choice Of Pasta (Choose Any One)

- 1. Macroni
- 2. Penne
- 3. Spaghetti

#### Choice Of Sauce (Choose Any One)

- 1. Spicy Tomato (Spicy Tomato Sauce Served With Italian Herbs)
- 2. Creamy Avocado Sauce
- 3. Pesto Sauce (Basil, Almond, Italian Herbs)
- 4. Alfredo (Creamy and Cheesy White Sauce)
- 5. Pink Sauce (Alla Arrabbita Alfredo)
- 6. Mushroom Sauce

# Salads / Raita / Papad

Avocado Turkish Salad	<i>180</i>
Kimchi Salad	<i>170</i>
Turkish Salad	<i>170</i>
Roasted Garlic Mushroom Salad	<i>170</i>
Broccoli Mustard Salad	180
Russian Salad	160
Green Salad	140
Tossed Spicy Green Salad	160
Pasta Salad	160
Corn Salad	160
Mexican Beans Salad	170
Pineapple / Boondi Raita	125
Palak / Veg Raita	125 125
Curd	130
Plain Papad	50
Masala Papad	<i>60</i>
Mexican Cuisine	
(Extra Virgin Olive Oil Used In All Preparation) (11.00 am To 11.30 pm)	
Mexican Enchiladas	<i>250</i>
(Tortilla Rolls Stuffed With Beans, Paneer, Capsicum and Cheese)	
Burritos	<i>250</i>
(Fagita Roll Stuffed With American Corn, Celery, Assorted Veggie,	
Topped With Mexican Sauce)	
Quesadillas	<i>250</i>
(Tortilla and Fagita Roll Stuffed With Assorted Veggies, Garlic, Celery,	
Mozzarella Cheese and White Sauce)  Mexican Green Rice	240
(Basmati Rice, Cooked In Spinach, Coriander, Kidney Beans,	240
Corn Topped With Salsa Sauce)	
Mexican Rice	240
(Basmati Rice Cooked In Coriander, KidneyBeans,	
Corn Topped With Salsa Sauce)	7

# Special Sizzler

Veg Cilantro Sizzler (Butter Parsley Rice With Cilantro Sauce, Assorted Veggies,	595
Crazy Thai Chilly and French Fries)	
Veg Pate Sizzler	595
(Galangal Chilli Sauce Served With Tomato Basil Rice, Pate Pattice, Paneer Basil, Assorted Veggies, French Fries)	
Veg Broccoli Bamboo Shoot Sizzler (Sizzler Served With Buttered Parsley Rice With Black Bean Sauce, Exotic Vegetables, French Fries and Pattice)	595
Bibimbap Sizzler (Korean Food)	<b>590</b>
Sprouts, Carrots, Peppers, Chinese Cabbage, Silky Tofu, Bok Choy, Spicy Kimchi, French Fries and Two Pieces Of Momos)	
Mexican City Platter Sizzler	<b>580</b>
(Queasadilla, Burritos, Tacos, Corn	
Salad Served With Mexican Rice and Veggies)	<b>700</b>
Tappanyaki Sizzler (Japanese Food) (Choice Between Noodles Or Rice Served With Teriyaki Sauce, Soya Chunks, Exotic Veggies, French Fries and Sushi)	590
Rendang Curry Sizzler	<b>520</b>
Barbeque Sizzler	525
Veg Stroganoff Sizzler	440
Paneer Chilli Chinese Sizzler	480
(Paneer Chilli + Manchurian Semi Gravy + Pepper Choice Between Rice Or Noodle)	400
Veg Lebanese Sizzler	440
(Veg Pattice Serves With Lebanese Tangy Sauce, Exotic Vegetables Lebanese Rice and Zucchini)	110
Veg Mexican Sizzlers	465
( Grilled Assorted Vegetables Served With Beans Sauce, Mexican Rice, Salsa and Tortilla Chips)	
Veg Italian Sizzler	465
( Macroni Served With Choice Of Sauces, Assorted Vegetable,	
Pattice, Garlic Bread and Topped With Grated Cheese)	465
Veg Sizzler	465
( Assorted Veggies Served With Pattice, Italian Rice, French Fries and Pineapple Slice )	
Veg Shanghai Sizzler	465
(Sizzler Served With Noodles, Chinese Fried Rice	100
and Manchurian Sauce, Veggies)	
Veg Indian Sizzler (Chhole Masala Served With Veg Dumwali Biryani,	465
Paneer Tikka, Assorted Veggies and French Fries)	
Veg Paneer Shashlik Sizzler	465
( Chunks Of Cottage Cheese Cooked In Tandoor and Served With Assorted Veggies and Butter Rice)	
Thai Green Curry Sizzler/Red Curry Sizzler	510

### **Indian Main Course**

(11.00 A.M. To 3.30 P.M. & 7.00 P.M. To 11.30 P.M.)

Multi Spice Special Veg	375
Paneer Chingari Masala	330
Paneer Spring Kebab Masala	<i>350</i>
Paneer Chatpata Masala	325
Paneer Dillara	320
Paneer Banjara Masala	320
Paneer Shole Kebab Masala	315
Paneer Rajwada	300
Paneer Lazeez,	300
Paneer Lababdar / Noorani	280
Paneer Tawa	275
Paneer Lasooni	275
Paneer Kadhai	275
Paneer Tikka Masala	<i>290</i>
Paneer Butter Masala	<i>270</i>
Paneer Palak Ka Sath	265
Paneer Te Mutter Di Bhurji	<i>270</i>
Paneer Pasanda	<i>290</i>
Veg Miloni	300
Veg Sultan Kofta Curry	<i>290</i>
Veg Tawa	275
Veg Kadhai	275
Veg Makhmali	275
Vegetable Maratha	<i>275</i>
Veg Six Treasure Masala	285
Veg Subji Masaladar	<i>270</i>
Veg Subji Lajwaab	<i>270</i>
Veg Diwani Handi	<i>270</i>
Veg Hyderabadi Korma	<i>265</i>
Veg Dilkhush	<i>275</i>
Kaju Masala	<i>315</i>
Kaju Chesse Masala	<i>330</i>
Malai Kofta	<i>270</i>
Lahori Kofta	<i>270</i>
Angoori Kofta Curry	<i>285</i>
Methi Malai Mutter	<i>270</i>
Bhendi Kurkure Masala	<i>270</i>
Mushroom and Babycorn Tawa / Masala	<i>275</i>
Mushroom Butter Masala	<i>275</i>
Corn Capsicum Masala	<i>265</i>
Sarson Ka Saag With 2 Makki Ki Roti	<i>265</i>
Parathas With Dal Makhani Or Curd	215
Chhole Bahtura (2Pieces)	<i>265</i>

### Jain Specialty

Paneer Tikka Masala	320
Veg Makhanwala	310
Veg Kolhapuri	290
Veg Chilli Milli	290
Veg Lajwaab	305
Chhole Masala	265

#### Indian Breads

Multi Grain Roti	<i>50</i>
Lachha Paratha /Pudina /Ajwain / Methi	55
Kulcha	45
Cheese Naan	<b>70</b>
Garlic Cheese Naan	80
Garlic Naan	<i>60</i>
Naan – Plain	<i>50</i>
Naan – Butter	55
Makkai Roti	40
Plain Roti	40
Butter Roti	45
Roti Basket	245
Extra Bahtura	35
Parathas With Dal Makhani Or Curd	215

### Lentils

Dal Makhani

Dal Kolhapuri

Dal Tadka

Dal Fry

Gujrati Dal

230

230

230

230

# Lal Qilla Biryani Special

(We use Keshar/Saffron from Kashmir Pampore region only)

Paneer Chatpata Biryani Vegetable Miloni Biryani Sultani Kofta Biryani Paneer Tikka Biryani Paneer Afghani Biryani Veg Makhamali Biryani Lahori Kofta Biryani Tandoor Veggies Biryani Dumwali Vegetable Biryani Hyderabadi Biryani	340 340 345 285 295 285 285 300 270 270
Lal Qilla Basamati Ka Khazana	
Paneer Pulav	245
Kaju Cheese Pulav	<i>250</i>
Kashmiri Pulav	235
Curd Rice Served With Papad	215
Dal Khichdi Served With Papad	215
Veg Pulav	215
Jeera Rice	215
Steam Rice	<i>180</i>
Chinese Main Course	
( We Do Not Use Mono Sodium Glutamate (MSG), Artificial Flavours and Colours)	
Veg Thai red / Green curry	<i>270</i>
Veg Thai Green Curry With Steam Rice	295
Veg Thai Red Curry With Steam Rice	295
Vegetable In Hot Garlic Sauce	<i>250</i>
Paneer In Hot and Garlic Sauce	<i>270</i>
Vegetable Manchurian In Hot Garlic Sauce	<i>260</i>

## Noodles

(We Do Not Use Mono Sodium Glutamate (MSG),	
Artificial Flavours and Colours)  Curry Pamer Noodles (Japanese Food)	280
Curry Ramen Noodles (Japanese Food) (Traditional Japanese Food Served With Noodles,	200
Exotic Vegetables, Gochujang Sauce)	0.5.5
Korean Fried Noodles	255
Fortune Noodles	255
Chilli Garlic Hakka Noodles	255
Schezwan Noodles	245
Veg Hakka Noodles	245
Veg American/Chinese Chopsuey	<i>255</i>
Fortune Noodles Served With Paneer and Sauce	295
Rice	
(We Do Not Use Mono Sodium Glutamate (MSG),	
Artificial Flavours and Colours)	255
Korean Fried Rice	255 205
Fortune Fried Rice (Served With Paneer and Sauce)	<i>295</i>
Veg Nasigoreng (Served With Peanut Sauce)	<i>295</i>
Triple Schezwan Rice	300
Chinese Fried Rice	250
Schezwan Fried Rice	250
Veg Fried Rice	<i>240</i>
Mushroom Fried Rice	<i>240</i>
Desserts	
Choice Of Ice – Cream Scoop (Baskin Robbins)	160
Fruit Salad With Fresh Cream	<i>170</i>
Fruit Salad With Ice Cream	195
Sizzling Chocolate Brownie With Vanilla Ice - Cream	205
Sizzling Apple Pie With Vanilla	
Ice Cream and Apple Sauce	205
Parsi Dairy Kulfi	165
Gulabjamun (3 Pieces) (As Per Availability)	100
Rabadi (As Per Availability)	150
Mastani and Faluda	
Multispice Special Mastani	<i>165</i>
Strawberry Mastani	<i>155</i>
Mango Mastani	<i>155</i>
Multispice Special Faluda	175

# Millet Special

## Soup

Millet Manchow Soup ₹170 Veg Mixed Millet Soup ₹170

#### Salad

Millet Turkish Salad

₹170

Millet Mexican Salad

₹170

Millet Corn Salad

₹170

Millet Jawari Chaat Salad

₹150

#### Starter

Millet Paneer Kebab Mix Millet Seek Kebab Millet Cheese corn Ball Millet Tikki



₹350 ₹275 ₹275

#### Sizzler

Millet Thai Sizzler ₹610

Millet Mexican Sizzler ₹610

Millet Paneer Chilli Sizzler ₹610

Millet Pasta Sizzler ₹610

#### Main Course

Millet Kofta Maratha Mix Millet kofta Masala Roti (Bajra/Jowari/Nachni) Millet Biryani



₹320 ₹320 ₹50



#### Noodle

Millet Veg Hakka Noodle

Millet Schezwan Noodle

₹275

Millet Fortune Noodle

₹325

#### **Dessert**

Millet chocolate sizzling brownie with vanilla ice cream



# Millet Choice Of sauces Pink Sauce White Sauce

Pasta

Red Sauce
Mushroom Sauce
Pesto Sauce



₹370

Karve Nagar - 7722048837 / 77220448834 / 7722048835

Loni Kalbhor - 7722048836 / 9021406031





Welcome to our Millets Festival! Delight in the richness of millets, ancient grains brimming with health benefits and culinary versatility. Here's a glimpse into the array of millets and their remarkable health benefits:



## **Types of Millets:**

- \* Pearl Millet (Bajra): Known for its robust flavor and versatility, pearl millet is a staple in Indian cuisine. Enjoy it in rotis, porridge, and savory dishes.
- \* Foxtail Millet (Kangni): With its delicate texture and subtle sweetness, foxtail millet is perfect for salads, soups, and as a rice substitute.
- \* Sorghum (Jowar): This gluten-free grain offers a chewy texture and a neutral taste, ideal for bread, porridge, and popped sorghum snacks.
- \* Finger Millet (Ragi): Renowned for its high iron content, finger millet lends itself well to porridge, dosas, and baked goods, offering a nutty flavor profile.
- \* Proso Millet (Barri): Mild and slightly sweet, proso millet is a versatile option for both sweet and savory dishes, including salads and pilats.
- \* Little Millet (Kutki): With its delicate texture and nutty undertones, little millet shines in upma, pulao, and as a rice alternative in various dishes.

#### **Health Benefits of Millets:**

- \* Nutrient-Rich: Millets are packed with essential nutrients like iron, calcium, magnesium, and B-vitamins, supporting overall health and vitality.
- \* Gluten-Free: Perfect for those with gluten sensitivities or celiac disease, millets offer a nutritious alternative to wheat and other gluten-containing grains.
- \* Digestive Health: Rich in dietary fiber, millets promote healthy digestion, alleviate constipation, and support gut health.
- \* Blood Sugar Regulation: With a low glycemic index, millets help regulate blood sugar levels, making them a smart choice for individuals with diabetes or insulin resistance.
- \* Heart Health: Millets contain heart-healthy fats and antioxidants, which may help lower cholesterol levels and reduce the risk of heart disease.
- \* Weight Management: Low in calories and fat, millets contribute to satiety, aiding in weight management and promoting a balanced diet.

Savor the goodness of millets and embark on a journey of flavor and wellness at our Millets Festival!

### Multispice Loni Kalbhor

Restaurant | Rooftop | Lawn



#### Multispice Karve Nagar

Restaurant | Banquet Hall | Lawn | Catering | Room



# **Catering Services**







Restaurant / Banquets / Catering

Restaurant | Banquet Hall | Lawns | Lodging

# 46/2, Karve Nagar, Off Mhatre Bridge, Opp. Siddhi Gardens, Pune - 411 052

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## Multi Spice Loni Kalbhor

Manali Resort, Next To Indian Oil Petrol Pump Loni Kalbhor, Pune Solapur Road, Pune- 412 307

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Restaurant | Banquet Hall | Waterpark | Rooms | Lawns





Restaurant / Banquets / Catering



